



GERALDTON
SENIOR HIGH SCHOOL

Geraldton Senior High School House Athletics Carnival

Friday 25 August 2023

PROGRAM

Time	Activity
8.50am – 9.00am	Block 1 – attendance marked
9.00am – 9.15am	House bays on the oval
9.15am – 10.10am	Rotation 1
10.10am – 11.20am	Rotation 2
11.20am – 12.10pm	Rotation 3
12.10pm – 12.30pm	100m
12.30pm – 1.20pm	Rotation 4
1.20pm – 2.20pm	Rotation 5
2.20pm – 2.50pm	Relays
3.00pm – 3.10pm	Clean up, pack up & Presentations

ROTATION

Rotation	Track Events	Field Events				
		Year 7	Year 8	Year 9	Year 10	Year 11 & 12
1 9.15–10.10		Long Jump	High Jump	Shot Put	Novelties	Triple Jump
2 10.10–11.20	200	Shot Put	Triple Jump	Novelties	High Jump	Long Jump
3 11.20–12.10		Triple Jump	Shot Put	High Jump	Long Jump	Novelties
100m 12.10–12.30		100m				
4 12.30–1.20	400	Novelties	Long Jump	Triple Jump	Shot Put	High Jump
5 1.20–2.20		High Jump	Novelties	Long Jump	Triple Jump	Shot Put
2.20–2.50		Relays				
2.50–3.10		Presentations				

Please note:

For each Field Event see the teacher, sign in and **then** go and do the Track Event. Once you have completed the track event go back to the Field Event.

****This will ensure that you do not miss out on any event of your choice***